



Union Public Schools



Kirk Fridrich
Associate Director of Athletics / Head Football Coach

Kirk Fridrich joined the Union Athletic Department as Assistant Athletic Director and head football coach in January of 2007, returning to Union after a five-year absence. Fridrich was an assistant varsity coach for the Redskins from 1993-2001, leaving to accept the head football coaching position at Stillwater Public Schools where he remained until 2005. In 2006, Coach Fridrich became the head football coach for Owasso Public Schools, where he led the Owasso Rams to the 2006 6A State Semi-Finals.

In his 10 years as head coach at Union, Kirk has led the Union Redskins to a record of 117-18, with 8 state final appearances and 5 championships.

Coach Fridrich earned a Bachelor of Science degree from the University of Tulsa and Master of Science degree from Oklahoma State University.

Fridrich's coaching honors include:

4-time Oklahoma Region 7 Coach of the Year (2007, 2008, 2010,2011)

8-time Oklahoma District Coach of the Year (2004, 2006, 2007, 2008, 2009, 2010, 2013, 2014)

Tulsa World (State)-Coach of the Year (2011)

Tulsa World (Metro)-Coach of the Year (2008)

Oklahoma Coach of the Year-Fellowship of Christian Athletes (2001, 2016)

Coach Fridrich and his wife, Tina, have been married for 18 years. They attend Asbury United Methodist Church and have two sons, Josh (16) and John Thomas (11).