



Union Community Education Program  
**Union After-School  
On-Site  
Taekwondo/Karate Program**



Give your child the advantage for a life time! Martial arts that makes a difference. Our karate program will develop the best in your child, and they will have fun. Taekwondo Karate develops self-confidence, self-control, proper attitude, builds respect, coordination, balance, flexibility and physical fitness. Taekwondo is suitable and safe to learn for all age groups. Some of the things that karate teaches are self-defense, self-control, team work, respect for others, discipline, concentration, and how to make friends. Classes are tailored to your child's age and skill level. You will stretch and exercise virtually every muscle in your body which will improve your mobility. Supplies needed for class are loose-fitting clothing or black karate uniform. For more information about Taekwondo Karate, please contact Brian Bryan at 918-812-5738. Monthly tuition.



**Cost \$75 per Month (family rates available)**  
**Included in your tuition are evening classes on Mondays & Wednesdays at**  
**Union Grove Elem. School 10202 E. 62nd St. Tulsa, OK. 74133 (not mandatory)**  
**Beg. & Intermediate (6yr. old and older) 6:30-7:15pm**